



**California State University Channel Islands
Liberal Studies: Teaching and Learning Option**

Emphasis:

PHYSICAL EDUCATION AND HEALTH

Name: _____ ID# _____

The Physical Education and Health Emphasis will be of use to students with an interest in sports, kinesiology and physical development.

Students must take a minimum of nine units; at least three of the nine units must be upper division. (Consider choosing two upper division courses; one of the courses should be an Upper Division Interdisciplinary GE course (courses numbered 330-349 or 430-449)).

Emphasis Courses*:	Units	Institution	Grade	Term	Comments/ Substitute course
ANTH 443 Medical Anthropology: Cross-Cultural Perspectives on Health and Healing	3				GE: D, INTD
BIOL 332 Cancer and Society	3				GE: B2, D, INTD
BIOL 333 Emerging Public Health Issues	3				GE: B2, E, INTD
PHED 208 Introduction to Kinesiology	3				GE: E
PSY 342 Complementary and Alternative Health	3				GE: C3b, E, INTD
PSY 348 Healthy Aging	3				GE: D, E, INTD

*Course listings may change in the future with new course approvals.

Lower-division courses in this emphasis may be substituted with transferable community college courses. Students should work with their advisor to identify the courses that will be used to meet the emphasis requirements.

Advising Office/Faculty Advisor _____

Submit to the Advising Center when completed.